

November 2017



Sagesse High School

LUNCH



Monday

Tuesday

Wednesday

Thursday

Friday



1

All Saints Day

Off

2

Baked kibbeh with cooked
yoghurt + Rice

Apples

3

"Adas bhamoud" + Boiled
potato

Jam tarte

6

"Mloukhiy" + Rice

Apples

7

"Rosto" + Mashed potato

Sfouf

8

Peas Stew + Rice

Fruit salad

9

Hamburger
+ Salad + French fries

Bananas

10

Spaghetti + Salad

Cake

13

"Dawoud basha" + Rice

Apples

14

Chicken Soup + Boiled potato

Sfouf

15

Stroganoff + Rice

Turkish Delight + Biscuit

16

Spaghetti Bolognaise
+ Salad

Bananas

17

Lebanese lunch

*Independence Day
Celebration*

20

Baked "kibbeh"
+ Yoghurt

Apples

21

Beans Stew + Rice

Mhalabiyi

22

Independence Day

Off

23

Pizza + Salad

Bananas

24

"Birgoul bi banadoura"
+ Yoghurt

cookies

27

Chicken with Rice
+ Yoghurt

Apples

28

Potato "Souffle" + Salad

Turkish Delight + Biscuit

29

Stuffed Zucchini + Yoghurt

Bananas

30

Spaghetti with white sauce
+ Salad

Cake

