

# December

2016

## Sagesse High School

## Block A Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chich Barak And rice +batenjen raheb +1 apple	2
5 Spaghetti bolognaise +Salad (lettuce, cherry tomatoes) +1 Apple	6 Peas Stew +Rice +Pumpkin soup + 1 banana	7 Fish Cake + Lettuce tomato and cucumber + Fruit salad	8 Riz za djej +cabbage salad + 2 mandarins	9 Moujadara +Cabbage and tomato salad +Custard
12 Pizza +Carrot soup + Mouhalabieh	13 Mloukhieh with chicken +Rice +1 Banana	14 Fish strips Baked fries +Coleslaw +2 mandarins	15 Kebbe bil sayniye +Laban +Khyar Fruit salad	16 Red bean stew (no meat) +Rice +Mushroom soup +1 apple
19 Roast beef +Mashed potato + Vegetable soup (clear chicken broth + small diced carrots, potato & zucchini) +2 mandarins	20 Green Bean stew (no Meat) + Rice Christmas cake	21	22	23
26	27	28	29	30