



Lower Elementary Division

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Potato stew Rice Apple	3 Spaghetti Bolognese Salad Banana	4 Pea stew Rice Cake	5 Kibbeh with Yoghurt sauce Kiwi	6 Mujadara Salad Apple
9 OFF	10 Rice and meat Yoghurt Apple	11 Makhlouta Banana	12 Mulukhiya Rice Turkish delight	13 Burghol with tomato sauce and salad Apple
16 Kaffa and potato Rice Banana	17 White sauce pasta Salad Apple	18 Bean stew Rice Jello	19 Stuffed cabbage Yoghurt Cake	20 Vegetable stew Rice Kiwi
23 Okra stew Rice Kiwi	24 Burghol with shaayriye Yoghurt Cup cake	25 OFF	26 Chicken burger Salad Rice pudding	27 Lentil and chard soup Boiled potato sandwich Banana
30 Laban immo Rice Apple	31 Red sauce pasta Salad Kiwi	1 Spinach stew Rice Cake	2 Chicken with potato Banana	3 Mujadarit Fasoliya Salad Apple