



Lower Elementary Division

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti Bolognese Salad Kiwi	4 Chicken supreme Rice Cake	5 Potato stew Rice Rice pudding	6 Baked kibbeh Yoghurt Banana	7 Mujadara Salad Apple
10 OFF	11 Bean stew Rice Apple	12 Rice with meat Yoghurt Turkish delight	13 Burghul with tomato sauce + salad Cake	14 OFF
17 Kaffa and potato Rice Apple	18 White sauce pasta Salad Jello	19 Pea stew Rice Kiwi	20 Mulukhiya Rice Apple	21 Lentil and chard soup Boiled potato sandwich Banana
24 Green bean stew Rice Apple	25 Burghol with meat Yoghurt Banana	26 Spinach stew Rice Turkish delight	27 Pizza Salad Kiwi	28 Vegetable stew Rice Apple