



Lower Elementary Division

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Potato stew Rice Apple	3 Spaghetti Bolognese Salad Banana	4 Green bean stew Rice Kiwi	5 Pizza Salad Cake	6 Mujaddara Salad Apple
09 Chicken burger Salad Banana	10 Bean stew Rice and salad Jello	11 Burghol with meat and chickpeas Yoghurt Apple	12 Mulukhiya Rice Turkish delight	13 Vegetable stew Rice Kiwi
16 Chicken with rice Salad Apple	17 White sauce pasta Salad Banana	18 Pea stew Salad Kiwi	19 Shish Barak Rice Cake	20 Lentil and chard soup Boiled potato sandwiches Apple