

February

2017

Sagesse High School

Block A Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fish strips +Potato wedges +Coleslaw salad +Fruit salad	2 Riz za djej +Cabbage salad +1 Kiwi	3 Green beans stew +Rice +Meat ball soup +Mouhalabieh
6 Spaghetti red meat sauce +Lettuce tomato and cucumber + 1 Banana	7 Chicken white sauce with mushroom +Rice +Lettuce tomato and cucumber + 1 Kiwi	8 Fish Cakes +Cabbage salad +Fruit salad	9	10 Makhlouta +Lettuce tomato and cucumber +Rice pudding
13 Green peas +Rice +Lettuce tomato and cucumber +Custard	14 Mexican chicken with rice +Lettuce tomato and cucumber +1 kiwi	15 Fish Pie +Cabbage salad + Fruit salad	16 Pizza +Broccoli soup +1 banana	17 Moujadara +Cabbage and tomato salad +2 mandarins
20 Potato Soufflé with meat stuffing +Cabbage salad (lemon oil dressing) +1 kiwi	21 Chicken strips +Potato wedges +Coleslaw salad +2 mandarins	22 Siyadiye +Cabbage +tomato salad +Fruit Salad	23 Bemye bil zeit +rice +carrot soup +1 banana	24 Burgul bil banadoura +laban +meghle (coconut on top)
27 Kebbe bil laban +Rice +Lettuce tomato and cucumber +1 apple	28 Chicken soup with vegetables +Mashed potato sandwich +1 Kiwi	Fish strips +Potato wedges +Coleslaw salad +Fruit salad	Koussa mehche +laban +Lettuce tomato and cucumber +Banana	Fassolia bil zeit +Rice +Lettuce tomato and cucumber +mouhalabieh