

February 2018



Sagesse High School

LUNCH



Monday

Tuesday

Wednesday

Thursday

Friday



Baked "Kibbeh"+ Yoghurt

Fruits

Okra Stew + Rice

Custard

"Nouille" + Chicken + Salad

Fruits

Stuffed Cabbage
+ Yoghurt

Cake

"Makhlouta" + Salad

Fruits

"Moujadra" + Salad

Fruits

Peas Stew + Rice

Sfouf

Potato Soufle + Salad

Fruits

Hamburger + Salad + Fries

"Mhalabiyi"

"Borgol bi banadoura"

+ Yoghurt

Fruits

Spaghetti Bolognaise
+ Salad

Fruits

Green beans + Rice

Pie

Baked potato and
Chicken + Salad

Fruits

"Laban Emo"+ Rice
Turkish Delight + Biscuit

Pizza + Salad

Fruits

"Kafta"+ Baked Potato
+ Rice

Fruits

"Borgul bi dfin"+ Yoghurt

Cookies

Spaghetti with white sauce
+ Salad

Fruits

